

Troop 405 Scout Checklist for Weekend Campouts

Temperatures will vary from 32°F at night to 80°F-90°F in the day pending on the season, so pack accordingly. Dressing in layers in the winter helps and dressing in light colors when it is hot.

Electronic items and phones can be used while traveling only. It's back to nature when we get there.

It's a good idea to mark all of your gear. Things get left out and mixed up pretty easily.

Clothing

- Class "A" uniform shirt (class "A" shirt is always worn while traveling to and from campouts for both Scouts and Adults)
- Class "B" (Red Polo Shirt) or Class "C" shirt
- Socks - regular & for hiking (a pair or two of thick wool socks are great)
- Shorts - scout or regular (whatever is comfortable)
- Blue Jeans or long pants (lightweight)
- T-Shirts or short sleeve (lightweight) and long sleeve (for layering if cooler weather expected)
- Shoes - Hiking boots or Tennis shoes for hiking (bring two pair of shoes in case one gets wet)
- Cap or Hat - for sun protection
- Underwear - **a change for each day**
- Sleeping Clothes
- Place one day of clothes in a ZipLock bag (2 Gallon) to keep dry.
- Light Jacket or Windbreaker
- Light Rain Coat/Poncho
- Shower shoes/flip flops
- Swim Trunks and Water shoes - **on weekend campouts only when mentioned**
- Dirty clothes bag (household trash bag)

Outdoor/Camping Essentials

- Sleeping Bag
- Sleeping Mat or Thermo Rest mat
- Pillow (small if possible)
- Small blanket or Fleece Liner for sleeping bag **in winter months**
- Headlamps (preferred - it's hands free) and/or Flashlight w/extra batteries - **test to ensure it works prior to packing**
- Pocket Knife (**only if you have your Totin' Chip Card**)
- Hydration Pack (preferred) or Water Bottle (2 - 16oz Nalgene or 1 - 32oz Nalgene works well)
- Back Pack (small day pack for carrying lunch and stuff while away from base camp and hiking)
- Small First Aid Kit (**see below for details**); The Troop has a big First Aid kit but it helps if they have their own on hikes, etc.
- Sun Screen
- Compass for when we take hike to orient ourselves
- Medications - Let Adult leader know of any allergies, sleep walking or reaction to aspirin, medicine, etc. Give to Adult leader **in a Zip Lock bag with all medication with instructions and name written on outside of bag. Scouts are not allowed to administer their own medication.**

Keeping Clean

- Toiletry Soap & Shampoo (travel size if possible)
- Toothbrush & Toothpaste (travel size if possible)
- Towel for drying (for bath and for swimming) & Wash Cloth
- Comb or Brush

Meals/Eating

- Eating utensils - fork, spoon and knife
- Mess Kit
- Drinking cup or Insulated Mug

Extras

- Spending Money for stops along the way to the campout and meals not included \$10-\$15 pending your sons appetite**
- Spending Money for souvenirs from park store (i.e. T-shirts, walking sticks, medallions, etc.) \$15-\$20**
- Boy Scout Handbook with writing paper & pen (waterproof in a ZipLock Freezer bag-please put name in book)
- Writing material if desired-like a small journal if you want to record what you did
- Battery Operated Fans (optional)
- Camera - an inexpensive digital camera is cheaper than the disposable ones even if it gets broken or lost in the near future.
- Small Insect Repellent (non-aerosol) with Deet is better
- Sunglasses
- Chap stick
- Hand Lotion (hands get pretty wind dry)

First Aid Kit - main things to have in it

- (6) adhesive bandages
- (2) 3-by-3-inch sterile gauze pads
- (1) small roll of adhesive tape
- (1) 3-by-6-inch piece of moleskin
- (1) small bar of soap or travel-size bottle of hand sanitizer
- (1) small tube of antibiotic ointment
- (1) pair of scissors
- (1) pair of non-latex disposable gloves
- Pencil and paper
- (1) CPR breathing barrier (optional)